

## SOMMARSHEMA SALTYOGA v26-31

### v 26

Mån 27 juni	10-11.15	Saltyoga Yin 75	Mirva
	18.30-20	Saltyoga Shaking in Space	Diana "Py"
Tis 28 juni	9.30-10.30	Saltyoga Lymfatisk	Eva
	19-20	Saltyoga Lymfatisk	Eva
Sön 3 juli	17-18.30	Saltyoga Nidra Soundbath	Diana "Py"
	19-20	Saltyoga Mantra, Meditation & Klang	Diana "Py"

### v 27

Mån 4 juli	18.30-20	Saltyoga Shaking in Space	Diana "Py"
Tis 5 juli	9.30-10.30	Saltyoga Lymfatisk	Eva
	16.30-18	Saltyoga Yin 90	Maria
Tor 7 juli	12-13.15	Saltyoga Yin 75	Maria

### v 28

Tis 12 juli	9.30-10.30	Saltyoga Lymfatisk	Eva
	16.30-18	Saltyoga Yin 90	Maria
Tor 14 juli	12-13.15	Saltyoga Yin 75	Maria
Lör 16 juli	10-11.30	Saltyoga Yin 90	Maria

### v 29

Tis 19 juli	16.30-18	Saltyoga Yin 90	Maria
Tor 21 juli	12-13.15	Saltyoga Yin 75	Maria

### v 30

Mån 25 juli	18.30-20	Saltyoga Shaking in Space	Diana "Py"
Tis 26 juli	16.30-18	Saltyoga Yin 90	Maria
Tor 28 juli	12-13.15	Saltyoga Yin 75	Maria
Lör 30 juli	10-11.30	Saltyoga Yin 90	Maria
Sön 31 juli	17-18.30	Saltyoga Nidra Soundbath	Diana "Py"
	19-20	Saltyoga Mantra, Meditation & Klang	Diana "Py"

### v 31

Mån 1 aug	18.30-20	Saltyoga Shaking in Space	Diana "Py"
Ons 3 aug	10-11.15	Saltyoga Yin 75	Mirva
Tor 4 aug	12-13.15	Saltyoga Yin 75	Maria
Fre 5 aug	17-18.15	Saltyoga Detox & Relax	Kirke
Lör 6 aug	10-11.30	Saltyoga Yin 90 min	Mirva